

# HESED HOUSE

## HESED HOUSE SEMINAR SERIES: LECTURE 1

### ***Treating Children in Families where a Parent has a Mental Illness***

Presenter: **Dr. Bernadette Wren**

Date: **30th October 2009**

Venue: **Hilton Hotel, Kilmainham**

This workshop will focus on ways of bringing a family systems perspective into work with parents who experience significant mental illness and their children. The family systems approach addresses the relational contexts for both children and adults and the professional cultures that evolve around them. Ideally, the workshop will attract those working in child and in adult services, since few opportunities exist for professionals in these different service settings to learn together and share practice perspectives and skills. Topics for the workshop will include:

- How focusing on a 'parent' as well as a 'patient' identity can be helpful in working with those who have had a long immersion in the adult mental health services
- Helping parents and children to talk together about their anxieties and their ways of coping
- Ways of listening to and eliciting children's ideas regarding a parent's mental illness
- Using ideas from the family systems approach to understand the unique circumstances of each family and how these impact upon their relationships and their interaction with professionals and services
- Developing skills in inter-professional and inter-agency collaboration, especially regarding the needs of children
- Addressing cultural diversity and the effects of inequality and social marginalization



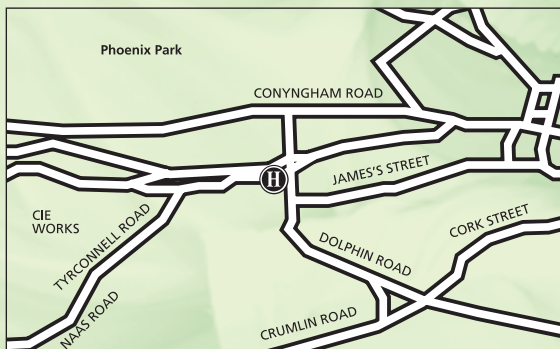
*This Seminar qualifies for 6 CPD points for Irish Council for Psychotherapy.*

#### **HILTON HOTEL**

Kilmainham, Dublin 8. Tel: 01-420-1800.  
There is parking at €5.00 per day.  
Hilton Hotel is accessible by Bus and LUAS.

#### **COST**

€90.00 (Includes Tea & Coffee)



#### **Directions to Hilton Hotel**

From West - Follow the M4 and N4 towards the City Centre. When you get to the roundabout for Kilmainham take the right turn off, then take the immediate left turn and the hotel is located on your right hand side.

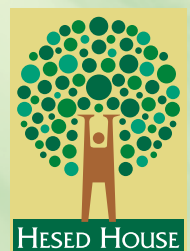
#### **Directions from Airport**

Follow signs to M50 and travel westbound to junction 7. Take exit 7 off the M50 and follow signs for City Centre. At Kilmainham roundabout go round almost doubling back and take left turn at junction. Hotel is on the right.

#### **APPLICATIONS**

Applications can be downloaded at [www.hesedhouse.ie](http://www.hesedhouse.ie) from our seminar series link, or you can contact us at [training@hesedhouse.ie](mailto:training@hesedhouse.ie) or at 01-4549474.

There is a lot of interest in this series and we suggest you confirm as soon as possible. Closing date for receipt of Applications is Tuesday 1st of September 2009.



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